



### WNBPA Suggested Retiree Tasks:

#### **6 months Prior to Last Game/Retirement:**

- Reach out to WNBPA to let us know you are thinking of retiring. This will help us support you as well as possibly help transition you into your next opportunity.
- Review your contact list to ensure it is up to date and complete. Prepare to add missing contacts during your final season and/or fill in missing information.
- Review your 401k to ensure all investments correctly match your investment elections and check on team match for years of service/league match.
- Review taxes paid/to be paid for work in the U.S. and Overseas – consult with CPA if unsure about filing.
- Begin to identify long and short term career goals.

#### **During Your Last season of Playing:**

- Update your future offseason address/email/telephone number/contact information with WNBPA, team, and the league.
- Collect all records: medical, dental, image scans, medical notes/trainer's notes/etc. We suggest collecting this in digital AND paper form.
- File any Workers' Compensation claims for your on-the-job injuries. See suggested list of lawyers in the state of your home team. Collect case numbers for injuries teams may have filed on your behalf.
- Request information from your team's HR regarding your health insurance/life insurance continuation upon termination.

#### **Post Last Game/Retired:**

- Review taxes paid/to be paid for work in the U.S. and Overseas – consult with CPA if unsure about filing.
- File any Workers' Compensation claims for your injuries. See suggested list of lawyers in the state of your home team.
- Call WNBPA with any questions regarding support and retirement.
- Plan for health/dental/life insurance once coverage through your team is finished.